

Kisan Veer Mahavidyalaya, wai
Department of Psychology
Poster Presentation on Mental Health Awareness

Report

Date:- October 10, 2023

Venue:- Kisan Veer Mahavidyalaya, Wai

Inauguration by Dr. Nitin Rokade, Psychiatry, Satara:

The Poster Presentation on Mental Health Awareness, held at Kisan Veer Mahavidyalaya, Wai, commenced with an inaugural address by Dr. Nitin Rokade, a distinguished psychiatrist from Satara. Dr. Rokade, known for his expertise in mental health advocacy, emphasized the importance of raising awareness about mental health issues in society.

In his inaugural speech, Dr. Rokade underscored the need for collective efforts to address the stigma surrounding mental illness and promote understanding and empathy towards individuals struggling with mental health challenges. He commended the initiative taken by Kisan Veer Mahavidyalaya in organizing the poster presentation as a means of fostering dialogue and education on mental health issues within the community.

Poster Presentation Highlights:

The poster presentation showcased a diverse range of topics related to mental health awareness, including:

1. **Understanding Depression:-** Posters elucidated the symptoms, causes, and treatment options for depression, aiming to dispel misconceptions and encourage help-seeking behavior among affected individuals.
2. **Anxiety Disorders:-** Presentations highlighted different types of anxiety disorders, their impact on daily functioning, and strategies for managing anxiety symptoms effectively.
3. **Promoting Well-being:-** Posters focused on promoting mental well-being through mindfulness practices, self-care techniques, and healthy lifestyle choices.
4. **Stigma Reduction:-** Several posters addressed the stigma associated with mental illness, advocating for greater acceptance, support, and inclusion for individuals living with mental health conditions.
5. **Community Resource:-** Informational posters provided resources and contact details for local mental health services, support groups, and helplines, facilitating access to care and support for those in need.


Conclusion:

The Poster Presentation on Mental Health Awareness, inaugurated by Dr. Nitin Rokade, Psychiatry, Satara, was a resounding success, bringing together students, faculty, and community members to raise awareness about mental health issues and promote understanding, empathy, and support for individuals affected by mental illness. The event served as a catalyst for ongoing dialogue and action towards creating a more inclusive and compassionate society.



PRINCIPAL

KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

जागतिक मानसिक आरोग्य दिन

व्याख्याता : मा.डॉ.रोकडे
बुधवार, १९. ऑक्टो. २०२३

* प्राध्यापकांसाठी
उपस्थिती पत्रक

अ.क्र.	उपस्थितांची नावे	सही
1	Principal Dr. Krunalata Jagare	
2	Dr. Anand Thorpade	
3	Prof. (Dr.) Sunil Sawant	
4	Prof. (Dr.) V. R. Ven	
5	Mr. Sandant Sunant Bhaskar	
6	Dr. Santosh Gorakh Chougule	
7	Bhimeshankar Birajdar	
8	Mr. Gargade Sachin Sknath	
9	Prof. (Dr.) B. B. Agedkar	
10	Yadav. S. S.	
11	Dr. Kowade, Amol Subhash	
12	Prof. Pawar Jaywant Yadavrao	
13	Dr. Sakat Anandadas Dadasaheb	
14	Mr. Sandip Anandrao Patgaonkar	
15	Miss Chauhan Dipali Hindarao	
16	Shruti Shrikant Yadav	
17	Dr. Walkekar Mounalini Sachin	
18	Sunil Dadasa Dargade. - 91657675928	
19	Devarna Suryakant Gokwadi	
20	Mrs. Bhosale Nilam Amol	
21	Uma Santosh Jadhav	
22	Mate Diksha Vijay	
23	Ramble Sumati Sachin	
24	Gujar Shelaka H	
25	Dr. Manjusha V. Ingawale	
26	Dr. Korade Sumit Dilip.	

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बुधवार, ११. ऑक्टो. २०२३

विद्यार्थ्यांसाठी
उपस्थिती पत्रक

अ.क्र.	उपस्थितांची नावे	वर्ग	सही
1	महांगडे राधिकान्त संतोष	B.A. II	Tamhange
2	सठास अश्विनी प्रकाश	B.A. II	P.Sandk
3	टिके नम्रता संतोष	B.A. II	N.S. Tike
4	भांदिंगे कृपाली रविंद्र	B.A. II	R.R. Bhandingre
5	भोसले अमृता अशोक	B.A. III	A.Bhosle
6	गायकवाड गौरी अर्जुन	BA III	Gayakwad
7	कुचेकर रोहिणी विजय	BA III	R.V. Kuchekar
8	भिंगारे केतकी अशोक	BA III	K.A. Bhangare
9	निकम रचना सुनील	B.A. III	R.S. Nikam
10	सिध्दा गणेश प्रिमाळ	B.A. III	S.G. Sidha
11	राज हिमप कांबळ	B.A. I	Raj
12	फुमुदिनी कमलाकर तावरे	B.A. I	K.K. Taware
13	सानिया सुरेश पवार	B.A. I	Paniyalpawar
14	अर्पिता विनोद शिंदे	B.A. I	A.V. Shinde
15	अनिकेत अरविंद वानखेडे	B.A. I	Aniket
16	केतकी कमलाकर तावरे	B.A. I	K.K. Taware
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